

Personal Journal Workshop Set At Ecumenical Center

A Personal Journal Workshop will be held from 7 a.m. to 3 p.m. Friday through Sunday at the Ecumenical Campus Center. The aim of the workshop is to show people how to use the exercises of the Intensive Journal for their own personal benefit.

The Intensive Journal, with its many exercises, has been developed for use privately and in groups to help people reach a direct contact with the creative principle that is at the core of life. When making this direct contact, they are able to bring new power into their experience and expand their capacities of awareness.

"This power expresses itself as an inner momentum," explained Rev. Dave Semrad, director of the Ecumenical Center. "It builds in a person while he is working with the Intensive Journal as it brings about a spontaneous restructuring of one's life experiences. The Journal takes us to the deepest symbolic level of experience in the midst of the actual situations in which we are living. It serves to bring us in touch with the inner movement and the inner meaning of our lives," Semrad added. "By working with the Journal a person should more be able to actualize his potentialities," he said.

At the workshop, each person will be issued his personal registered copy of the Intensive Journal. The working of the

Journal will be explained and then each person will be taken into the exercises to help reconstruct the inner movement of his life. Anyone interested in this workshop can register at 507 Elm, or call 5-6311 for more information.

Ann Answers Your Problems

Accept Her Choice

Dear Ann Landers: What are the chances for a mixed racial marriage? Our daughter who is in law school told us last night that she wants to announce her engagement to a black medical student next May. His parents



are no happier about it than we are. Their backgrounds are similar to ours — culturally and financially. They see the same problems ahead for our children that we see.

We wonder if our daughter and her fiancé have considered all the possibilities. She will be resented by members of the black community. He will be unacceptable to the white com-

munity. And what about their children? Will they consider themselves black or white? And what will they be considered by others?

We are not prejudiced people, Ann. In fact, we are the most liberal couple in our social circle. We entertain blacks in our home and have been entertained by them. But having a black son-in-law is another matter. And the prospect of mulatto grandchildren has created considerable stress in our family. We'd like your views. Indiana Parents

Dear Indiana: These days, marriage is risky even between members of the same race. Interracial marriages have additional built-in hazards for the reasons you mentioned. Anyone who does not accept this fact is unrealistic. It takes an extraordinary couple to surmount the problems. Speaking strictly as a mother who was born and raised in Iowa (myself a member of a mi-

nority group), I would not be pleased if our daughter had married out of her religion, much less her race. But I would accept any man of her choice, and I would do everything in my power to be supportive and wish them well.

I have known extraordinary couples who made it work. There are a number of factors that improve the chances. For example, an interracial marriage will fare better in Hawaii than in the Deep South. Moreover, professional people do better than lower-income people. Obviously your daughter and her intended are of legal age. If they are determined to marry and prepared to buck the heavy odds, accept the situation. Whether you like it or not, this is the direction in which the world is moving.

Dear Ann Landers: Where does a woman go and what does she do when her first and only love affair is over? I'm so lonely I could die.

The trouble started when our only child married. I had devoted myself completely to her because my husband neither needed nor wanted my affection.

Last year I decided to go back to work. It was there that I met the love of my life. He was married and having trouble with his wife. Three months ago he told me he had decided that their marriage could work if he stopped seeing me. So — our affair ended.

I'm on tranquilizers, miserable and depressed. Don't tell me to keep busy or get counseling. I confided in my doctor and what do you think he suggested? Another affair. What do you say, Ann Landers? I'd like your advice. — Mood Indigo

Dear Mood: Obviously you feel betrayed, rejected and are in a state of depression. Unless you get counseling you will probably fall into bed with the first man who suggests it. This could lead to more problems. As for the doctor who suggested another affair, I have some advice for him. "Physician — heal thyself."

Maynard Ferguson Concert March 31

By BOB LOWEN
Fort Hays State College

When Maynard Ferguson first came to the attention of jazz fans, some 20 or so years ago, the high-note trumpet player was considered some sort of a freak. Some jazz fans predicted, "He'll blow his brains out in five years." Local and area music buffs have the opportunity to evaluate that prognostication when Ferguson brings his talents to Hays and Sheridan Coliseum on the Fort Hays State College campus at 8 p.m., March 31.

The truth is that Ferguson is still playing with all his faculties, still has the good lip and still has the feel for good jazz and contemporary music. According to raves from music followers, "His tone is as rich and full as ever and he continues to draw hurrahs when he hits those high notes and wrings every last ounce of sound out of them."

Ferguson, who began his musical training at four years of age when he started learning piano and violin, is 44 years young and one of the top trumpet players in the country. He formed his first band when he was 15. The average age of his sidemen was about 30. Ferguson elected to specialize on the trumpet while enrolled in the French Conservatory of Music in Montreal. At the Conservatory, the Verdun, Quebec, Canada native studied all instruments in the saxophone family as well as the clarinet and slide trombone. He liked the trumpet best.

Ferguson's music tells of the Big Bands of today. Charts such as "Hey Jude"; "El Dopa"; "Theme From Shaft"; "Bridge Over Troubled Water"; "Fire and Rain"; and "Maria," bridge the generation gap. Past tours have taken him to Falls Mall in Boston; Mr. Kellys in Chicago; Brandt's in Philadelphia; the Famous Ballroom in Baltimore; Town Hall in New York; Massey Hall in Toronto and others.

For the jazz music followers who enjoyed "Home Town Cookin'" and Stan Kenton's concert at FHS last August, an evening with Maynard Ferguson is a must. Students and faculty with activity tickets are free, general admission is \$2.50 and high school students pay \$1.25.

Ferguson was on the road in 1956 with a new brand of up-and-coming musicians and continued traveling into 1967. When the band disbanded, he signed with Harold Davidson to tour England with an All-Star British Big Band called "Top Brass."

Ferguson lays claim to "having been almost everywhere and done almost everything." He went through a bout with drugs and learned the practice of meditation. Though he still practices meditation he regards the use of drugs as "very unhip" and is no longer a user. "All I've ever wanted was to be influenced by everything in life that turned on my joy centers. I'm serious about meditation, but not earnest. It's a philosophy of joy."

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